10 WAYS I INVITE CREATIVITY INTO MY DAY

1. MAKE A **PLAYLIST** OF MY FAVORITE SONGS AND LET IT ENERGIZE MY MORNING

2. WEAR A SCARF OR EARRINGS I LOVE BUT RARELY USE TO CREATE A **NEW LOOK**

3. SNAP ONE PHOTO A DAY AND TURN IT INTO A **WEEKLY SNAPSHOT** OF MY LIFE USING CANVA

4. ADD A SECRET INGREDIENT TO AN EXISTING RECIPE TO MAKE IT MY **SIGNATURE DISH**

5. CREATE A NEW **HAIRSTYLE**, TRY A BOLD HAIR ACCESSORY, OR STYLE MY HAIR IN A TOTALLY DIFFERENT WAY

6. WRITE A NOTE OR **LOVE LETTER** TO SOMEONE OR EVEN TO MYSELF

7. CREATE A **NEW ROUTE**, **REARRANGE A SPACE**, OR MAKE A **NEW DRINK** AT MY LOCAL COFFEE SHOP

8. LOOK OUT A WINDOW AND **SKETCH** WHAT I SEE

9. BRIGHTEN MY **ENVIRONMENT** WITH FLOWERS, A COLORFUL MUG, OR A STICKY NOTE

10. MAKE SOMETHING NEW, A CRAFT, A DRAWING, OR A SHORT STORY, **JUST FOR THE JOY OF CREATING**

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